

4 SECONDS TO FOREVER

*Radiant Skin. Endless Energy.
Ageless Power - From the Inside Out.*



David D'Arcangelo

xosialX Chief Product Innovator

Introduction: The Mirror Moment

She stood in front of the mirror, pulling her skin back ever so slightly. Just a bit. Just enough to imagine the way it used to look—tight, lifted, glowing. She sighed. The creams she loves so much lined the counter like domino’s. Serums, toners, collagen powders, antioxidant capsules... none of them had delivered the ‘WOW’ they promised.

Until, one quiet morning, it hit her—
not in a whisper, but like a truth too big to ignore:

She was only treating half of her skin...the outside half.

No wonder she wasn’t thrilled.
She had missed the part of her skin that lives *beneath* the surface.
The part where real beauty begins...
at the *cellular* level.

Sound familiar?

Maybe you’ve had your own “mirror moment.”
Where you asked yourself, “*What else can I try?*”
Where you realized, “*I don’t want to wait months to see a difference.*”
Where you wondered, “*Is there a smarter way to look younger, feel better, and stay energized—without adding more to my already-packed routine?*”

There is.
And the answer isn’t *more*—it’s *faster*.
It’s not a cream. It’s not a pill.
It’s a **Myst**.

Imagine this: you pick up a sleek, futuristic little bottle. You myst it into your mouth—2 seconds. 3 seconds. 4.
And something starts to happen. Fast.
Your energy lifts. Your brain fog clears. Your skin starts to respond.
Not in 90 days. Not even in 30. But in hours. Sometimes in as little as minutes!

This isn’t wishful thinking. This is high-speed science.
This is **xosialX**.

Welcome to the Inside-Outside Revolution

Introducing GlutaMyst Glutathione™ and XanthoMyst Plus™ — the *nutricosmetic revolution* that works *from the inside-out*, designed to *elevate* the performance of your favorite creams, serums, and lotions.

It's not a replacement.
It's the *missing link* your skincare routine has been waiting for.

This is the breakthrough: when deep cellular health meets topical perfection, the results transcend expectations—radiant, rejuvenated, and undeniably visible.

In this book, I'm going to share with you one of the most exciting breakthroughs in health and beauty—a rapid-response, nano-encapsulated, inside-outside system that's changing the way we think about skin, energy, and vitality.

It's built around two revolutionary products that work from the inside-out:

- **GlutaMyst™ Glutathione** – the master antioxidant, now in myst form.
- **XanthoMyst Plus™** – the mangosteen-powered cellular revitalizer.

Both Mysts include a proprietary **Cellular Nutrition Blend** designed to work at the speed of your biology—not the speed of outdated delivery systems.

When used together, these Mysts do something incredible:

They help **heal, energize, and repair** your cells from the inside out.

They deliver results you can *see* and *feel*.


And they do it *faster* than anything the beauty industry has ever offered.

Real People. Real Results. Real Fast.

You'll hear stories in this book—some from doctors, others from everyday people just like you—about transformations that feel almost too good to be true.

Except, they *are* true.

And they're happening because we've finally unlocked the missing piece —**direct access** to heal your cells.

Within minutes of taking GlutaMyst I had a surge of energy and sense of well being. In addition had one of the best nights sleep in a long time. I am so excited to see the antiaging efforts to start kicking in the longer I take GlutaMyst. Here's to growing younger		
AGREED TO AND ACCEPTED:		
X Signature	 Title	2/2/24 Date

This isn't about hype.
It's about hope—powered by absorption.

A New Standard

This book is part story, part science, *and part invitation*. It's a wake-up call to stop settling for slow, and to start expecting more from your supplements and skincare.

It's time to flip the script on aging.
It's time to stop chasing youth—and start activating it.
And it all starts *in as little 4 seconds*.

You ready?

Let's myst. Let's glow. **Let's make it 4 Seconds to Forever.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Individual experiences are shared for informational purposes only and are not guarantees of results. Always consult your healthcare provider.

What Consumers Are Saying About GlutaMyst™ Glutathione and XanthoMyst Plus™

"After using GlutaMyst™ and XanthoMyst Plus™, I now have energy that lasts all day long, my brain fog has lifted! I am able to focus and get more done! My skin has cleared up and I already can see a different in my complexion! I have never seen results from a product so quickly!"
Shantel W

"I wake up feeling so much more refreshed and ready to crush the day since starting these products! My energy levels have gone through the roof and my recovery time after aggressive singles tennis at 58 years old is amazing!

Adam L

"Since adding GlutaMyst™ and XanthoMyst Plus™, we've noticed visible improvements in my wife's skin appearance, and I personally experienced a healthy weight shift from 239 pounds to 207. I'm truly impressed!"

Doug & Debbie G

"After 30 years of using supplements, GlutaMyst™ Glutathione and XanthoMyst Plus™, 'The Dynamic Duo' have been a new experience—more energy, vitality, focus, and easier movement. Even our skin feels better after just 12 days!"

Pepe & Mary G

"I have been using mangosteen products for decades because of the powerful xanthone molecules found in the mangosteen. I recently added glutathione to my daily ritual. I feel the difference with XanthoMyst and GlutaMyst that work in tandem delivering these powerful nutrients into my blood and organs faster and more abundantly than with any other delivery system on the market."

Colli B

"Want to slow the aging process and feel younger? This product is fantastic"

Steve D

"After being on XanthoMyst Plus™ for just 2 weeks, I have noticed my skin is more vibrant, soft, and smooth, which is pretty remarkable for summer in the desert."

JL

What The Doctors Are Saying About GlutaMyst™ Glutathione and XanthoMyst Plus™



In my Integrative and Functional Medicine Practice, I search for products that lead the sector minimally, and the industry optimally. These 4 Myst-In-Your-Mouth proprietary products help promote: – 1) Better Absorption, 2) Enhanced Bioavailability, 3) More Potent Delivery, 4) Faster Cellular Penetration so you Get More of What You Pay For!

That is why I added **GlutaMyst™ Glutathione & XanthoMyst Plus™** to my wife's and my daily routine, as well as recommend it to my patients. So, you should to!

**Be Well and Be Blessed,
Phillip Zinni III DO, HMD, FAOASM, MS, ATC -- Chief Medical Officer**



The Mangosteen fruit has been recognized for centuries in Asia for its health benefits. These are largely derived from Xanthones that are present in the outer pulplike skin of the fruit. Research To-Date Suggests:

- **Anti-Aging Effects**—Xanthones could improve skin elasticity and slow the aging process so that you not only feel younger but look younger.
- **Brain Health**—Xanthones support improved brain metabolism and increase clarity of thought.
- **Weight Loss**—Xanthones may increase fat metabolism and aid in weight reduction.

4-Mysts per day allow the nano-encapsulated, Xanthone-Rich nutrients to be directly absorbed through the soft tissues of the mouth for delivery directly into the body without leaving much to swallow.

Steve Trobiani, MD

Yale-trained and board-certified neurologist, 31-year expert in headache and back pain



Our GlutaMyst™ Glutathione Cellular Nutrition Blend could be expected to produce clinical improvement in aging or damaged skin. It also hints at a possible topical role in wound health, and potential topical application on skin in general, since our liposomal preparation will penetrate non mucosal skin as well.

I have followed Mangosteen for over 20 years, even before its introduction into the world supplement marketplace. As a physician, I am enthusiastic about what I have observed that it can do for the human body across many organ systems.

Fred Templeman, MD., Member xosialX Medical Advisory Board

Author's Note

By David D'Arcangelo, Chief Product Innovator, *xosialX*

Let's be real—there's a lot of **vanity** in skincare. And you know what? That's okay. In fact, it's more than okay.

Vanity is a signal. It means we care—about how we look, how we feel, and how we show up in the world. It's confidence. It's charisma. It's part of our identity. And in today's world, where everyone is looking for their edge, **radiance matters**.

That's why **we created xosialX**.

We live in a hyper-social era. First impressions are made in milliseconds. Whether you're showing up on a screen or in real life, people notice when your skin glows... when your energy feels electric... when you look alive. That's the power of the inside-outside approach we've built into this brand.

We took the world's most advanced **nano-encapsulation technology**, combined it with **bioavailable super nutrients**, and created something revolutionary:

- **GlutaMyst™ Glutathione** for total body detox, glow, and cellular repair.
 - **XanthoMyst™ Plus** for energy, resilience, and antioxidant power.
- Both Myst's feature the **Cellular Nutrition Blend**—an advanced infusion of over 60 cellular actives. This potent blend helps revitalize your cells from within, restoring energy, enhancing vitality, and revealing radiant, younger looking skin.

These are not pills. Not powders. Not another 12-step routine. They're sleek, powerful **mysts**—and they're flipping the beauty and wellness industries upside down.

Why? Because they work—fast.

With absorption in as little as 4 seconds, you'll feel the difference and see the glow—revealing the radiant skin you love and the confidence you've always deserved.

I wrote this book not just to share the science, but to bring you into the movement. To show you how *real people* are transforming—physically, mentally, energetically—through this new delivery system that skips digestion and gets straight to the cells.

If you've ever looked in the mirror and wanted *more*—brighter skin, better energy, clearer focus, quicker results—then you're in the right place.

At **xosialX**, we believe in looking exceptional, feeling unstoppable, and showing up with a glow that turns heads.

Get Social. Be Exceptional.

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease. Individual results will vary.

Chapter 1: The 4-Second Solution

Let's start with something bold.

What if I told you there's a myst—just a couple of sprays into your mouth—that skips your gut, enters your bloodstream in as little as 4 seconds, and begins repairing your cells immediately?

Yes, revitalized skin cells included.

Sounds like science fiction, right?

It's not.

It's real, it's here, and it's transforming the way we think about skincare, energy, and wellness from the inside out.

We call it the **4-Second Solution**—because that's how fast **GlutaMyst™ Glutathione** or **XanthoMyst™ Plus** starts its journey into your body. From there, the support it provides to your skin, energy, and focus can be felt and seen in a fraction of the time traditional products require.



Capsules, powders, and drinks have had their place—but today, we've unlocked a new level of efficiency. And while creams and serums absolutely still matter—and many deliver amazing results—the real revolution is in the **synergy**. When internal and external skincare products team up, that's when transformation happens. That's when $1 + 1 = 4$.

This is **direct-to-cell** technology. It's mysted, absorbed, and active—all in the time it takes to blink twice.

This Isn't a Supplement. It's a System.

The science is simple but powerful.

Your digestive system was never designed to be the most efficient nutrient delivery system. Most supplements lose potency by the time they reach your bloodstream.

But our **nano-encapsulation technology** wraps nutrients in ultra-pure lipids—so small they're absorbed through the mucosal lining of your mouth and sent directly into circulation. It's fast, clean, and bypasses the gut completely.

With each myst of GlutaMyst™ Glutathione or XanthoMyst Plus™, you're providing nutrients that may support:

- Sustained, natural energy
- Healthy cellular hydration
- Robust antioxidant defenses
- Skin and brain-friendly nourishment for overall rejuvenation

And here's the part that has people talking:

Results often don't take weeks or months to appear. Many users feel and see a difference in a **matter of days**, sometimes even **hours**—and that's just the beginning.

Your Invitation: Try the Myst's and Tune In.

If you're curious, here's your moment:

Try **GlutaMyst Glutathione** and **XanthoMyst™ Plus** twice a day. Pay attention to your skin, your mood, your clarity, and your overall vibe over the coming days.

You don't need to chase perfection. You just need to tune in.

Notice what shifts. What brightens. What improves.

Because the real question isn't, **"Will it work?"**

It's, **"How will *you* experience the difference?"**



**REVOLUTIONARY TRUE NANO-ENCAPSULATION
& DELIVERY TECHNOLOGY**

Both Dynamic Duo products are crafted with a proprietary "patent-pending" nano-encapsulation in layers of ultra-pure lipids, ensuring maximum bioavailability and efficacy.

Our groundbreaking Twist and Myst™ delivery system delivers nanoparticle, high-speed nutrition onto the soft tissue of the mouth and to your vital organs in as little as 4 seconds.

Chapter 2: The Global Revolution Has Begun—Are You In?

Who wants to look younger, fresher, and more radiant just by taking supplements daily?
The answer: almost everyone you know.

We're standing at the tipping point of a powerful transformation—one that is redefining the global beauty, wellness, and anti-aging industries. This is more than a trend. It's a cultural shift. And it's moving fast.

This is the nutricosmetics revolution: your skincare works outside-in, **our Mysts work inside-out**. Together, they unlock radiant skin, faster results, and deeper repair and rejuvenation. At the heart of it is a single truth that's shaking the foundations of beauty science: **True radiance doesn't start topically on the surface—it starts within**.

Today's consumers are smarter, more informed, and more proactive than ever before. They're not content with covering up signs of aging. They want to change the game entirely. They want to support healthy, youthful skin—naturally, powerfully, and visibly.

The global demand reflects this. According to a 2025 report from *Fortune Business Insights*, the nutricosmetics market is projected to surpass **\$11.2 billion by 2030**, and when expanded to include botanical-based topicals and bioactive skincare solutions, that number climbs to nearly **\$105 billion**, according to *Coherent Market Insights*.

And this is just the beginning.

A recent *Mintel* study revealed that **64% of adults believe supplementation is essential** for maintaining a youthful appearance. Meanwhile, *The Benchmarking Company* found that **76% of beauty consumers now expect beauty brands to offer beauty-from-within supplements** alongside cosmetics and skin creams.

Consumers are embracing a two-pronged approach: supplementation to nourish the body internally, and topical products to support the skin externally. This **inside-outside beauty approach** is creating a new paradigm in how we define skincare, and how we measure results.

At the forefront of this evolution is **xosialX**, a pioneer in next-generation, beauty-from-within solutions. Our focus isn't just on creating another supplement—it's on engineering a transformation from the cellular level outward. Through advanced nano-encapsulation delivery, and our signature Cellular Nutrition Blend, we've developed powerful mysts like **GlutaMyst™** **Gluthathione** and **XanthoMyst™ Plus** that deliver results where it matters most—inside the body, where beauty begins.

These formulas don't take weeks to kick in. They begin absorption in seconds—just a few quick mysts onto the soft tissue of your mouth, and in as little as 4 seconds it's absorbed into your body and on its way to the liver in 15 seconds. The active compounds are delivered rapidly into the bloodstream and throughout the body, supporting antioxidant protection, healthy detoxification,

cellular regeneration and repair, and most importantly, collagen formation—essential for youthful, firm, glowing skin.

When paired with traditional skincare rituals—serums, retinols, moisturizers—the synergistic effect is profound. The **inside-outside routine** becomes a daily beauty protocol that elevates results to a new level. This is no longer about surface care alone. It’s a multi-dimensional wellness and aesthetics strategy, combining cellular nutrition and topical science in a way that resonates with how today’s consumers live, think, and shop.

xosialX isn’t just responding to this shift—we are leading it. With cutting-edge formulations that deliver high potency, rapid absorption, and real visible benefits, we are creating an entirely new category of wellness & skincare.

REAL STORIES. REAL IMPACT.

“I Remember It Like It Was Yesterday...”

– *Stu, CEO of XosialX*

Before our daughter was born, my wife and I endured three heartbreaking miscarriages. Each loss shattered us.

On the fourth pregnancy, we experienced similar challenges and uncertainties. Around that time, I discovered something called Glutathione.

While we can't say exactly what made the difference, we felt a renewed sense of hope and support. That pregnancy went full term.

Today, our daughter is 21 years old—healthy, vibrant, and thriving.

For me, Glutathione became a symbol of hope and resilience.

Fast forward to today, I lead xosialX—a company delivering what I believe is the most potent, fast-absorbing glutathione product on the planet: GlutaMyst™ Glutathione.

This myst goes directly into the bloodstream in seconds—no needles, no IVs, just rapid support for your body’s natural defenses.

Now, the world has easy access to this incredible molecule for about \$3 a day.

I thank God every day that this is what I get to do for a living.

This is your moment.

The global wellness and beauty market is in motion. New brands are emerging daily. Massive companies are scrambling to catch up. But early adopters—those who move now—will define the category, shape the conversation, and own the trust of a new generation of beauty consumers.

You can lead the movement...or watch others do it while the momentum passes you by.

Inside-outside beauty is the future. And the future is already happening.

Chapter 3: Nutrition Meets Cosmetics—How Cellular Repair Transforms Your Appearance

A new era is upon us—one where radiant skin is no longer just the result of what you apply topically, but a reflection of how healthy and vibrant your cells are on the inside. In today's health & beauty world, we're witnessing a powerful and long-overdue convergence of skincare and cellular health. **This is the *Inside-Outside Revolution***, and it's transforming everything we thought we knew about aging, wellness, and the pursuit of youthful beauty.

Topical treatments like serums, moisturizers, and creams have long held center stage in the beauty industry. They've been refined to an art form—boosting hydration, smoothing wrinkles, brightening tone, and protecting the skin's outer layer. But for all their brilliance, these external treatments can only go so far if the cells beneath the surface are inflamed, oxidized, or simply depleted.

That's where internal cellular nutrition comes in—and why the most forward-thinking skincare experts and wellness pioneers are now focusing on both the *inside* and the *outside* for age-defying results that last.

The Science of Skin: More Than Just Surface

Your outer skin renews itself approximately every 28 days in young adults. It's in a constant state of regeneration, with new cells forming in the lower layers and pushing upward to replace older, damaged ones. But what determines the *quality* of these new skin cells?

The answer is simple: healthy cells.

Every skin cell is a reflection of your internal environment. If your body is rich in antioxidants, minerals, enzymes, and glutathione—the master antioxidant—your new healthy skin will be plump, hydrated, smooth, and youthful. If your body is stressed, inflamed, or deficient in key nutrients, your skin will show it with dullness, fine lines, and signs of premature aging.

For decades, the beauty industry focused only on the external. But now, science has made it impossible to ignore the truth: ***beauty begins beneath the surface.***

From Creams to Cells: The Rise of the Inside-Outside Approach

The most successful beauty routines today don't start with a cleanser. They start with cellular nutrition.

The inside-outside model is about building radiant skin from within while enhancing and protecting it from the outside. It's a dual strategy—a revolutionary partnership between your favorite outside topical skincare products and the inside cellular systems that power them.

You're no longer relying on creams to do all the heavy lifting. You're supplying your cells with nutrition they need to replicate and regenerate radiant skin in the first place.

This holistic approach doesn't just improve your appearance—it extends your *longevity markers*. Why? Because when your skin looks better, your *cells* are healthier. Look in the mirror and have your “mirror moment.” Your skin is a visible reflection of the health of your insides, vitality, and even biological age.

And leading this revolution are two game-changing innovations: **GlutaMyst™** **Glutathione** and **XanthoMyst Plus™**, both crafted with the Cellular Nutrition Blend to help revitalize the cell.

Meet Your Inside Allies: GlutaMyst™ Glutathione & XanthoMyst Plus™

GlutaMyst™ Glutathione and **XanthoMyst Plus™** are not ordinary supplements. They're nano-encapsulated, ultra-absorbable cellular solutions delivered sublingually—meaning they enter your bloodstream in as little as 4 seconds and reach your liver in about 15.

This fast-tracks delivery and bypasses digestion, making them wildly more effective than pills, powders, or capsules. The result? Rapid support for the systems responsible for glowing skin, natural energy, immune defense, and detoxification.

GlutaMyst™ Glutathione restores your body's master antioxidant which declines with age, stress, and environmental exposure. Replenishing it helps your skin resist oxidative damage, rebuild collagen, and repair at a much faster rate.

XanthoMyst Plus™ delivers a potent dose of mangosteen-derived xanthones—anti-inflammatory compounds that help reduce redness, improve circulation, and support the skin's natural regeneration cycle. Xanthones are known to protect mitochondria, enhance cellular energy, and extend the life span of healthy skin cells.

Together, they work from the inside out—nourishing your cells, empowering your mitochondria, and optimizing the production of new, healthy skin cells approximately every 28 days.

Amplify Your Topicals. Multiply Your Glow.

Now here's where the magic happens.

When your internal systems are thriving—when your glutathione levels are high, supporting a healthy inflammatory response, and your cells are firing on all cylinders—your topical skin products don't have to work as hard. **In fact, they become dramatically *more effective*.**

That retinol? It penetrates better. That moisturizer? It holds hydration longer. That vitamin C serum? It brightens faster.

Why? Because your skin's foundational layers are healthier, more responsive, and more capable of repair. You're no longer treating the skin as an isolated surface. You're treating it as a living, breathing organ connected to every other system in your body.

That's the true power of the inside-outside approach. You're creating a loop of renewal; topicals working from the outside in, while nutrition and supplementation work from the inside out.

From Vanity to Vitality: A New Health & Beauty Standard

Let's be honest; we all want to look good. There's nothing wrong with that. Vanity has its place. But today's beauty revolution is about more than appearance. It's about *vitality*. It's about supporting the body's innate power to repair, restore, and regenerate. It's about taking responsibility for how we age and giving our bodies the tools to do it gracefully, powerfully, and radiantly.

This is why the inside-outside model is not just a trend—it's the future of skincare. It's where self-care meets science. Where cosmetics meet cellular biology. And where you reclaim control over how you age, how you look, and how you feel.

This is the age of integration... of merging beauty with wellness...of connecting inner health to outer radiance.

This is the *Inside-Outside Age Reversal Revolution*.

And you're at the forefront of it.

Because radiant skin isn't just about what you see in the mirror—it's about what your healthy cells are celebrating underneath.

Chapter 4: In a Blink, You Begin Again.

The 4-Second Collagen Reboot

A special thank you to Dr. Fred Templeman, MD—Member of the xosialX Medical Advisory Board. His original article, “Why Consumers Are Reporting Skin Rejuvenation,” served as the inspiration for the eye-opening chapter you’re about to read.

The Cellular Shift That Changes Everything

The skin is the largest organ in your body—but it’s also a **mirror**. A mirror of your cellular health. Your vitality. Your internal energy.

When your skin starts to dull, wrinkle, or sag, it’s not just a surface-level issue. It’s a reflection from your **cells**—especially the ones responsible for producing **collagen**, the protein that gives your skin its firmness, bounce, and youthful glow.

That’s why I’m thrilled to be part of a new wave in skincare that goes deeper than ever before. It’s not just what you put *on* your skin, it’s what you myst *into* your body that helps unlock real transformation.

The xosialX system—featuring **GlutaMyst™ Glutathione** and **XanthoMyst™ Plus**—is at the center of this movement. And based on what I’ve seen as a physician and researcher, it’s one of the most exciting advancements in beauty and wellness today.

Why Glutathione Is the Master Molecule for Skin Health

Glutathione is a powerful molecule made of three amino acids: glutamate, cysteine, and glycine. It exists in every single cell in your body and plays a vital role in supporting, **energizing**, and **regenerating** those cells.

When it comes to skin health, glutathione becomes even more important—because it helps maintain healthy **collagen production**.

Here’s how:

The Science of Skin Rejuvenation (Made Simple)

1. Antioxidant Defense = Brighter, Stronger Skin

Free radicals (also known as reactive oxygen species, or ROS) damage the skin from the inside. They break down collagen and speed up aging.

Glutathione neutralizes these free radicals like a cellular fire extinguisher so collagen can be created and maintained without interference.

2. Enzyme Activation = Stronger Collagen Fibers

Your body can't produce high-quality collagen without specific enzymes like **prolyl hydroxylase** and **lysyl oxidase**.

Glutathione acts as a **cofactor** for these enzymes, **helping them stabilize and support collagen structure**.

3. Redox Regulation = Healthy, Balanced Skin Cells

The "redox balance" of your cells is like their electrical wiring system. Too much oxidative stress? The system could short-circuit.

Glutathione keeps that system in balance so the enzymes and proteins responsible for your skin's youthfulness work smoothly and efficiently.

4. Detox Support = Clearer, More Resilient Skin

Toxins don't just affect your liver—they can show up on your skin.

Glutathione is your body's top detoxifier. It supports your liver while also clearing cellular waste throughout your body, which can contribute to a clearer, more even skin tone.

Why the Delivery Method Matters

Most glutathione supplements break down in the gut before they can be absorbed. That's why **GlutaMyst™ Glutathione** is a true game-changer.

You **myst** it directly onto the **soft tissue inside your mouth** and, in as little as **4 seconds**, it's on its way to your bloodstream and to your liver where it goes to work. This nano-encapsulated liposomal formula was designed for **maximum absorption, rapid action, and efficient cellular support**.

And when you combine this with **XanthoMyst Plus™**, packed with the world's most potent xanthones from the mangosteen fruit? You create a two-part cellular power team that amplifies both your energy and your glow.

The Inside-Outside Connection

Here's where it all comes together:

- When you use high-quality serums, retinol, moisturizers, and creams—they **nourish the outer layers of your skin**.
- But when your cells aren't functioning properly or your collagen production is weak, even the best skincare has limited impact.
- **That's where GlutaMyst™ Glutathione and XanthoMyst Plus™ come in—on the inside.**

Together, they create a **foundation of internal strength** that helps all your topical products to work **better, faster, and more effectively**.

You're not replacing your skincare—you're **supercharging it**.

Real Results You Can See and Feel

User, often report improvements such as:

- Smoother skin
- Brighter complexions
- Increased energy
- Clearer eyes
- Better focus
- Improved mood

The answer often comes back to this synergy. You're not just supporting a more youthful appearance—you're nurturing healthier, more vibrant cells from within.

Final Thoughts from Dr. Templeman

“As a physician, I’ve spent years studying the ways our bodies repair, age, and regenerate. I’ve never been more optimistic about a natural approach to skin radiance and healthy aging than I am today.”

The **inside-outside skincare strategy**, powered by **GlutaMyst™ Glutathione** and **XanthoMyst Plus™**, represents an exciting health and beauty shift.

And it's one your skin—and your future self—will thank you for.

Myst. Nourish. Glow.

Your Beauty Begins Within.

Chapter 5: Why the Cellular Nutrition Blend in GlutaMyst™ Glutathione and XanthoMyst Plus™ Is So Life-Changing — And Why It Matters

At the root of aging, fatigue, brain fog, weakened immunity, poor digestion, and dull skin lies one thing: **cellular dysfunction**.

Your body is made up of trillions of cells, and when they're well-fed, energized, and protected—you *feel it*. When they're starving for nutrients, inflamed, or oxidized, everything slows down... visibly and internally. That's why the **Cellular Nutrition Blend** isn't just a bonus—it's the game-changer.

So, what makes this blend special?

The **Cellular Nutrition Blend** is a proprietary fusion of **ultra-bioavailable minerals, trace metals, enzymes, and sugars**—all working together to *ignite* your cells, fuel your energy, and support radiant skin from the inside out.

These nutrients aren't just randomly thrown together. They were hand-selected to speak the language of your biology—cell to cell, system to system. Because when your **cells are nourished**, your body doesn't just function—it *thrives*.

Why These Nutrients Matter

- **Minerals** are your body's spark plugs. They support everything from skin regeneration to nerve communication.
- **Trace Metals** help enzymes perform critical roles like detoxification and mitochondrial energy production.
- **Enzymes** are the catalysts. They speed up the reactions your body needs for repair, turnover, and vitality.
- **Sugars**, in this blend, aren't sweeteners—they're cellular fuels and signaling agents that help nutrients reach their targets.

It's not about overloading your system. It's about unlocking it.

These compounds, delivered in a nano-encapsulated myst, go straight into the bloodstream—bypassing digestion—and flood your body with *bio-intelligence* it recognizes and uses immediately.

Each ingredient was carefully selected to help repair, protect, and energize your cells. When you flood your body with this level of pure, direct-to-cell nourishment, it's like flipping on the power switch inside you.

Why it matters:

- **Sharper mind** — Brain cells thrive with increased mitochondrial activity and better detoxification.
- **Vital organ support** — All 11 vital systems (heart, liver, lungs, kidneys, skin, brain, etc.) operate more efficiently when your cells are nourished and free of oxidative damage.
- **Radiant skin** — Skin cells regenerate faster, collagen production increases, and inflammation decreases.
- **All-day energy** — You're not just stimulating energy—you're *generating* it naturally at the cellular level.

This is why GlutaMyst™ Glutathione and XanthoMyst Plus are such powerful allies. They don't just bring *one* benefit—they transform the entire foundation of your body from the inside out, delivering visible radiance and lasting vitality *in as little as 4 seconds*.

The Synergy Is the Star

Individually, these ingredients are impressive.
Together, they're unstoppable.

They don't just coexist—they **activate** each other.
That's why we say $1 + 1 = 4$. Because when GlutaMyst™ Glutathione and XanthoMyst Plus™ are joined by the Cellular Nutrition Blend, the results aren't just added—they're *amplified*.

You're not just mysting nutritional supplements.
You're *signaling your cells to repair, restore & thrive*.

Chapter 6: Synergy Unleashed – The Secret to Supercharging Your Skincare Routine

What if your favorite serum could suddenly work better—twice as fast, with longer-lasting results?

What if your nightly moisturizer not only hydrated your skin, but supported its natural renewal process?

And what if the radiant, glowing skin you’ve been chasing could be unlocked *in as little as 4 seconds* a day—with something that works from *within*?

This is not wishful thinking. This is the documented synergy between advanced *internal* nutrition and topical skincare. A partnership between what you put *on* your skin and what you feed it *from the inside*. And leading the charge are two cutting-edge cellular solutions: **GlutaMyst™** **Glutathione** and **XanthoMyst Plus™**.

This chapter reveals why this Dynamic Duo isn’t just helping your skincare products work better—it’s helping redefine what beauty and vitality actually mean.

The Synergy Science: Why Topicals Need Cellular Support

Let’s get real for a second. Your skin is made up of billions of cells. These cells need energy, protection, and repair—daily. If your cells are inflamed, oxidized, or nutrient-deprived, it doesn’t matter how good your serum is. It’s like applying high-performance polish to a rusted car.

But when you support your cellular health from the *inside*, your skincare products finally have a foundation to build on. Your cells can respond. Your skin can renew. Your glow can return.

This is where **GlutaMyst™** **Glutathione** and **XanthoMyst Plus™** come in—and why this inside-outside approach is creating *noticeably fast* results for people around the world.

Glutathione: The Master Antioxidant Behind the Mirror

Let’s talk about **glutathione**. It’s not just any antioxidant—it’s known as the *master* antioxidant. Think of it as your skin’s internal defense system.

Glutathione helps:

- Detoxify cells from the inside
- Protect mitochondria (your cellular energy factories)
- Neutralize free radicals (which cause wrinkles and collagen breakdown)
- Support immune strength and energy production

But here's the kicker: glutathione levels decline with age, stress, poor sleep, toxins, and even skincare products filled with harsh chemicals.

GlutaMyst™ Glutathione helps restore those levels fast—with a sublingual nano-myst that bypasses digestion and delivers glutathione directly to your bloodstream and liver *in as little as 4-seconds*.

Why it matters for your skin: With higher glutathione levels, your skin cells are less damaged, more energized, and ready to respond to the active ingredients in your favorite creams, serums, and treatments.

XanthoMyst Plus™: Your Skin's Healthy Inflammatory Response Superpower

Now let's add **XanthoMyst Plus™**, powered by the mangosteen fruit's legendary *xanthon*es—one of nature's most powerful anti-inflammatory compounds.

Xanthon

es helps:

- Support a healthy inflammatory response, a factor associated with visible aging
- Encourage collagen synthesis and maintain skin elasticity
- Promote efficient cellular signaling and renewal
- Maintain healthy blood flow, aiding nutrient delivery to the skin

Delivered through the same nano-myst technology, **XanthoMyst Plus™** is instantly absorbed for high-impact support.

Why it matters for your skincare: Inflammation is what slows repair, causes redness, and breaks down collagen. When you have a healthy inflammatory response, your skin becomes more even, your texture improves, and your body can hold onto youthful firmness longer.

Documented Synergy: The Evidence is Stacking Up

Here's where it gets exciting—because we're not just talking theory. Science is catching up fast to what wellness leaders and skincare pros have already discovered in practice:

1. A study in the *Journal of Clinical, Cosmetic and Investigational Dermatology* (2017) found that oral glutathione supplementation **improved skin elasticity and reduced the appearance of wrinkles in women over 40**. After 12 weeks, skin smoothness and firmness were significantly improved compared to placebo.

2. Mangosteen-derived xanthones have been shown in multiple studies (including *International Journal of Molecular Sciences*, 2020) to help **reduce oxidative stress and support a healthy inflammatory response**, leading to healthier, younger-looking skin from the inside out.

3. Emerging nutraceutical research is confirming that when internal antioxidants are combined with topical treatments, the effect is *multiplicative*. Not additive—multiplicative. Your serums go further. Your skin responds faster. Your results last longer.

Real People. Real Results. Real Fast.

Below is just an example of what GlutaMyst™ Glutathione and XanthoMyst Plus™ consumers are reporting across the globe:

- **"My serum suddenly worked better—my skin felt plumper within a week."**
- **"I've used the same skincare for years. It wasn't until I added GlutaMyst™ Glutathione and XanthoMyst Plus™ that people started asking me what I was doing differently."**
- **"I used to wake up with dull skin. Now I wake up glowing."**

When your cells are energized, detoxified, and protected, your skin doesn't just *look* younger—it actually is.

The Fast-Track Ritual for Radiant Skin

Here's how to get started immediately and experience synergy in action:

Morning Routine:

1. Myst GlutaMyst™ Glutathione under your tongue (4 mysts)
2. Follow with XanthoMyst Plus™ (4 mysts)
3. Apply your favorite topical serum or moisturizer

Evening Routine:

1. Repeat both internal mysts before bed
2. Use your night cream or repair treatment

This dual-action ritual works around the clock—internally supporting skin renewal while topicals nourish the surface. You'll start to see and feel the difference in just days—and watch your results build over time.

Why You Shouldn't Wait Another Day

The Inside-Outside Revolution is more than a skincare trend; it's a *wellness awakening*. It's a realization that your glow is a reflection of your vitality and that with the right synergy, you can reclaim both.

This isn't about choosing between skincare and supplementation. It's about combining the best of both worlds.

- More energy.
- Radiant, younger-looking skin.
- Stronger immunity.
- Healthier aging from the inside out.

The future of health & beauty is here—and it starts with 4-mysts and your favorite moisturizer.

Start Today. Myst. Glow. Repeat.

Activate the Inside-Outside Synergy

The Skin Radiance Revolution is here.

And it begins with a simple, powerful truth:

You don't just put beauty on... You build it from within.

Unlock radiant, younger-looking skin and full-body vitality by combining:

1. **GlutaMyst™ Glutathione** (*Inside*)
2. **XanthoMyst Plus™** (*Inside*)
3. Serums, Retinol, Creams, and Moisturizers (*Outside*)

The 3-Step Inside-Outside Ritual:

Step 1: MYST INSIDE

Myst **GlutaMyst™ Glutathione** + **XanthoMyst Plus™** directly onto the soft tissue of your mouth.

In as little as 4 seconds, they're in your body and heading to your liver—your detox and cellular renewal command center.

Step 2: APPLY OUTSIDE

Now apply your favorite skincare:

Serums • Retinol • Moisturizers • SPF • Night Creams

Step 3: EXPERIENCE THE SYNERGY

When the *inside* is nourished, the *outside* responds dramatically.

Brighter tone. Smoother texture. Visibly younger skin

Why It Works:

- **GlutaMyst™ Glutathione** detoxifies, energizes, and repairs skin cells at the source
- **XanthoMyst Plus™** supports a healthy inflammatory response, promotes collagen, and boosts cellular resilience
- Topical products become supercharged when applied to healthy, renewed skin cells

It's Time to Glow – Inside and Out

You don't need more steps. You need the *right* steps.

This is your shortcut to skin that not only looks younger—but *acts* younger.

Myst. Apply. Glow. Repeat.

Radiance begins with the inside.

Chapter 7: The Medical Awakening — Why Doctors Are Championing the 4-Second Cellular Breakthrough

It's not just consumers who are getting excited. Across clinics, wellness centers, and research circles, doctors are taking note of a shift that feels both overdue and inevitable.

A shift toward **precision, speed, and bioavailability.**

And in that spotlight? **GlutaMyst™ Glutathione** and **XanthoMyst Plus™.**

A New Clinical Conversation

For decades, the medical community has understood the importance of glutathione and antioxidants like xanthenes. They've seen what happens when oxidative stress overwhelms the body—how it accelerates aging, weakens immune function, and compromises nearly every organ system.

But until recently, they've been missing the *how*—how to deliver these powerful compounds with real, fast, and consistent impact.

Now, thanks to nano-encapsulation and rapid absorption delivery, the conversation has changed.

This is not just an endorsement of an ingredient—it's validation of a **next-generation delivery method** that actually reaches the body's cells *in as little as 4 seconds.*

The Doctor's Dilemma

Many physicians are caught between two worlds: traditional treatment and the rise of functional wellness.

They see patients who are tired, inflamed, foggy, aging faster than they should—and they want solutions that don't just suppress symptoms but **revitalize the system from the inside out.**

Enter the Cellular Nutrition Blend—found in both GlutaMyst™ Glutathione and XanthoMyst Plus™.

Its meticulously crafted combination of organic minerals, trace metals, enzymes, and sugars are *exactly* what a stressed body craves to help repair the cell. It's the biological backup that modern lifestyles have depleted. And now, it's delivered with stunning efficiency.

Doctors are drawn to it because it aligns with what they're already treating, and it enhances the results they're aiming for.

- Supporting **cognitive clarity**
- Improving **metabolic markers**
- Supporting a **healthy inflammatory response**
- Elevating **natural energy**
- Promoting **liver detoxification**
- Restoring **youthful glow**

In short: it works with the body to help repair and revitalize the cell.

This ripple effect isn't rare. When something delivers both *noticeable* and *measurable* results—fast—word spreads.

The Beauty of Scientific Support

There's beauty in skin that glows. And there's beauty in a science-backed approach that earns the trust of medical minds.

That's what makes xosialX different.

We didn't just create a product. We created a **movement backed by methodology**.

We respected the clinical data. We leveraged decades of antioxidant research. We consulted the doctors who've been watching these ingredients evolve.

And now, we've brought it all together in a form that fits seamlessly into everyday life—with a myst, a moment, and measurable results.

Chapter 8: What's In It for You? A Lifetime of Beauty, Vitality, and Energy

We all want to look fresher, feel lighter, and walk into a room with energy that turns heads. That's not vanity—that's vitality. It's the glow that comes from well-nourished healthy cells and a body working in harmony. And now, that glow is more achievable than ever.

This is your moment to move beyond the slow grind of traditional health and beauty routines. To stop waiting months to see progress. With GlutaMyst™ Glutathione and XanthoMyst Plus™, powered by **xosialX nano-technology**, are most potent, fastest delivery supplements with the best bioavailability into your bloodstream **in as little as 4 seconds**.

These two myst-based breakthroughs are **not just supplements—they're synergy in a bottle**.

- They **work together** to deliver a triple impact: energy, beauty, and cellular wellness.
- They are **only available through xosialX**, where we're rewriting the rules of skincare and supplement delivery.
- They contain the **Cellular Nutrition Blend**—a carefully curated mix of minerals, enzymes, sugars, and metals that target the deepest level of your biology: the healthy cell.

You're not just adding a product to your routine. You're stepping into a movement.

It's Not Just Beauty—It's Vitality

This is about more than fine lines and even skin tone. It's about waking up with energy, tackling your day with clarity, and walking into every room feeling powerful, radiant, and the **best version of you**.

And the best part?

We're just getting started.

Because when health meets beauty, and energy meets confidence—your glow becomes unstoppable.

This is your moment.

Say yes to energy.

Say yes to radiance.

Say yes to xosialX.

BONUS CHAPTER A

Vibrant Skin and Gut-Skin Balance

with GlutaMyst™ Glutathione & XanthoMyst Plus™

Product	Ingredient	Gut Health & Microbiota Benefit	Gut-Skin Connection & Skin Benefit
XanthoMyst Plus™	Xanthones (α-mangostin)	Helps reduce oxidative stress and gut inflammation; supports gut integrity and microbial balance.	Calms systemic inflammation that may trigger breakouts and skin dullness.
	Polyphenols	Modulates gut microbiota; promotes growth of beneficial bacteria; protects epithelial cells.	Enhances microbial diversity leading to more even skin tone and protection from premature aging.
	Tannins	Inhibits harmful bacteria; supports a healthier gut microbiota.	Helps reduce skin irritations linked to microbiome imbalance.
	Fibers	Acts as a prebiotic; supports digestion and bowel regularity.	Improves skin hydration and texture through enhanced nutrient absorption and gut function.
	Vitamin C (Ascorbic Acid)	Supports immune function and gut lining; reduces gut inflammation.	Promotes collagen production and skin radiance; fights oxidative skin damage.
GlutaMyst™ Glutathione	Glutathione	Protects gut lining from oxidative stress; prevents leaky gut; balances microbiota.	Brightens skin tone, promotes a healthy inflammatory response, and supports detoxification for clearer skin.
	Cellular Nutrition Blend	Provides essential nutrients to gut cells; promotes gut lining integrity and microbiota diversity.	Energizes skin cells, enhances elasticity and supports full-body cellular rejuvenation.

Gut Health, The Microbiota & Radiant Skin

Science confirms what ancient wellness traditions have long suggested: the gut isn't just a digestive organ—it's deeply intertwined with your skin health. This gut-skin connection, also known as the gut-skin axis, means that when your gut thrives, your skin can too.

BONUS CHAPTER B

The Dynamic Duo—Bold, Modern & Exciting

By Gaye Zinni & Dr. Phillip Zinni III, DO, HMD, FAOASM, MS, ATC.

Dr. Phillip Zinni III is a member of the xosialX Medical Advisory Board

A New Era in Wellness and Beauty

Glutathione and Mangosteen are two powerful natural compounds that have been gaining significant attention in the Functional and Integrative Medical Community as well as the Global Beauty, Wellness, and “Anti-Aging” Industries.

Glutathione and Mangosteen have long been known in the “medical community,” especially in the area of the lesser addressed and treated “Functional & Integrative” areas of medicine. Functional medicine focuses on identifying and addressing the underlying factors that influence health challenges.

Most **physicians, medical practitioners, and clinicians** are trained to manage symptoms of illness rather than explore underlying triggers. Many have **limited time to investigate** the deeper factors that bring a patient into the exam room. By contrast, functional and integrative medicine focuses on identifying and addressing root influences on well-being.

More Than Skin Deep

And here is where these two innovative nutritional supplements—GlutaMyst™ Glutathione and XanthoMyst Plus™ (Mangosteen) – can help you maintain OPTIMAL healthy living.

I will be so bold as to say many modern health challenges are linked to low-grade inflammation. And inflammation may be a result of unhealthy cell replication. **To be more simplistic**, emerging science suggests that cellular stress and sub-optimal cell turnover can amplify this response. **Put simply**, when our cells struggle to renew efficiently, the body’s natural inflammatory processes can become over-active.

Whether you’re concerned about everyday fatigue, liver metabolism, carbohydrate management, gut comfort, cognitive clarity, or joint mobility, supporting healthy cell renewal plays a key role in OPTIMAL healthy living.

Bottom line: nourish your cells, encourage a healthy inflammatory response and you’ll be investing in the resilient, energized life you deserve.

Wait—When Was Your Last Detox?

At the cellular level, **Glutathione plays a crucial role in detoxification**, acting as a powerful antioxidant that neutralizes free radicals and protects cells from oxidative stress. When we supplement with Glutathione, individuals may enhance their cellular detoxification processes, which in turn promotes overall health and well-being.

Mangosteen is another potent antioxidant that has been shown to help drive remarkable benefits for cellular health. Mangosteen's xanthenes have been studied for their potential to support collagen integrity, improving skin elasticity, and reducing the appearance of fine lines and wrinkles.

The extracellular benefits of Glutathione and Mangosteen are equally impressive.

Whether looking at the functional musculoskeletal and organ issues (as referenced above), or focusing specifically on beauty and anti-aging concerns, **GlutaMyst™ Glutathione and XanthoMyst Plus™** can form a useful foundation for healthy-looking skin.

The Anti-Aging Blueprint

In terms of cellular replication, both Glutathione and Mangosteen have been found to have anti-aging properties. By protecting cells from oxidative stress and promoting cellular repair, these two compounds may help maintain a youthful appearance. This is particularly relevant in the context of the global anti-aging industry, where consumers are increasingly looking for evidence-backed, naturally derived options to complement topical routines.

“Best Version of Ourselves”

Not to get too philosophical, but as we age, many of us begin to see aging and beauty through a different lens. physical beauty of our youth may subside and/or change; yet we constantly strive to be our best. Not necessarily strive for others, but to strive for ourselves. We begin to consider the concept of becoming the *best version of ourselves*—something we can continually strive for.

Here's where the outside-inside beauty paradigm kicks in. This is where the concept of experiencing a healthy beautiful body kicks in. This is when the concept of beautiful healthy aging comes into focus. And that shift is when most people will begin to acknowledge how we eat, drink, work, live, exercise, love, laugh, interact in the world, etc. can impact our lives. This is when we begin to choose. **We choose “health” and, as a result of that choice, our bodies exhibit “beauty.”**

And this paradigm shift can occur at any age...thirties, forties, fifties, sixties, seventies, eighties, and beyond. This (whatever age applies to you) is when we begin to shift our priorities and our actions in the way we take care of our bodies...both inside and outside.

Results You Can Feel... and See

And this is when **we begin to be thankful for the exposure to Glutathione and Mangosteen**. No matter what age we are introduced to these incredibly important nutrients, they can make a huge difference in our “aging” process.

To turn back the clock may happen for some people; to stop the aging process in its tracks may happen for some people; and to stay the course in a healthy way may be some others’ results. No matter which category applies to you, you **MUST** expose yourself to the options. Some of us may be a bit chronically older and **wished to have found Glutathione and Mangosteen (cellular nutrition) a long time ago**; however, **IT’S NEVER TOO LATE** to experience the glow that comes with our cells becoming nourished. And that glow, my friends, is beauty!

When Beauty Becomes a Choice

GlutaMyst™ Glutathione is beneficial to the inside of the cells in a multitude of ways; your individual body will let you know where you are depleted and need Glutathione the most. While GlutaMyst™ Glutathione has so many incredible benefits, **let’s address the “beauty aspects” here**. Some of us experience a reduction in varicose veins. Some have less definition in “fine lines and wrinkles.” Some have had a reduction in the dark skin that develops under the eyes when that area of skin becomes thin.

Some users report feeling increased skin firmness in areas such as the legs, arms, and torso, while others mention healthier-feeling gums or clearer vision. Because everyone’s biology is unique, individual experiences can vary.

By providing nutrients that support normal cellular renewal—especially in tissues that turn over rapidly—**the body may respond in ways that are both subtle and highly personal**.

The Nutricosmetic Revolution

The Dynamic Duo—our inside-out nutricosmetic approach—*supports* the performance of your favorite creams, serums, and lotions. It’s not a replacement; it’s a complementary step your skincare routine has been waiting for.

When used together—hence the term **“Dynamic Duo”**—these mysts **help nourish, energize, and promote the renewal of healthy-looking cells from the inside out**. They may deliver visible benefits that align with principles of functional and integrative wellness and can be used alongside traditional skincare regimens.

In Closing...

As a practitioner of functional and integrative holistic medicine, I’ve observed **meaningful improvements** in many individuals who have added the Dynamic Duo myst routine to their daily self-care.

I can’t express strongly enough; when you give your body a stronger foundation, optimal health isn’t just possible—it becomes your new normal.

Acknowledgements

To all the early *4-second solution* adopters who saw the vision and took action—thank you.

To those embracing the inside-outside health and beauty routine and telling us every day that their skin is glowing, their mind is sharper, and their energy is back... To everyone who signed up for SmartShip to get the best pricing available... To those who joined the **xosialX** team and shared the mission with friends and family... **You are the proof of what's possible.**

That's the power of **cellular nutrition delivered in seconds.**

GlutaMyst™ Glutathione. XanthoMyst Plus™. The future of cell health & beauty starts now.

Get Social. Be Exceptional.

A Note to Our Readers

Thank you for taking this journey with us. We hope the information shared about GlutaMyst™ Glutathione and XanthoMyst Plus™ inspires and empowers you on your path to vibrant living.

Please remember, this publication is for informational and educational purposes only. It is not intended to diagnose, treat, cure, or prevent any disease.

The stories and experiences shared here are personal and unique to each individual. Your own results may vary. Always consult with your healthcare professional before making changes to your health, wellness, or skincare routine.

We have done our best to present research and insights with care and integrity. Third-party references are shared in good faith, but xosialX, Inc. and the author cannot guarantee their accuracy or be responsible for outcomes related to their use.

Wishing you continued wellness, beauty, and vitality.

— The xosialX Team

What If Your Skincare Only Treated Half Your Skin?

Discover the other half — where true renewal begins.

We're entering a new era of health & beauty — where stopping at the surface means you're only treating the outside half of your skin.

Nutricosmetics bridge the gap between nutrition and skincare, supporting, cell-health from the inside out — to reach *the other half of your skin* that topicals can't fully access. This is beauty fueled by your healthy cells. And it shows...

This **inside-outside synergy** supercharges your routine with essential cellular nutrients, helping promote energy production, combat the visible signs of aging, and encourage radiant, youthful-looking skin from within.

Inside this book, you'll discover how **GlutaMyst™** Glutathione and **XanthoMyst Plus™** promote cellular renewal and rejuvenation through ultra-absorbable, high-speed mysts. **Topicals work from the outside in. The Mysts work from the inside out.** Together, they deliver 60+ powerful active ingredients to help energize, slow the pace of aging, and unlock a glow no cream can match.

Pair with your favorite topical skincare routine and watch the transformation.

This is the future of beauty — powered by your healthy cells and your skin routine.

About the Author

David D'Arcangelo is a proven disruptor in the nutritional supplement industry, known for launching high-impact products with unmatched speed and bioavailability. Former host of the TV show *Money Talk* and Chairman or President of two publicly traded companies, David combines business acumen with breakthrough science.



DAVID D'ARCANGELO
Chief Product Innovator

Why This Book — and This Breakthrough — Matter:

Most skincare only treats the outside surface. But what if you could support healthy cellular replication — from the inside out?

As the xosialX development team leader behind **"4-Seconds That Change Everything"** for GlutaMyst™ Glutathione and XanthoMyst Plus™, **collaborating with top-producing field leaders, world-class Doctors, and Ph.D. minds** to create the most potent, fastest-delivery nutritional supplements with the best bioavailability ever brought to market.

Fueled by bold curiosity and fearless innovation, xosialX is redefining what's possible — revealing that radiant beauty, mental clarity, and full-body vitality begin with one truth: **your cells hold the power.**

We don't sell hope — we deliver results. In seconds.
Healthy cells. Happy life.

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